



Offered by the Belcamp Recreation Council

This Zumba Workout Party is being led by Zumba Instructor Charrissa Stancell
Held at Church Creek Elementary School (gym/recreation side door)
4299 Church Creek Road, Belcamp, MD 21017

Days: Tuesdays and Thursdays
Times: 6:00 p.m. to 7:00 p.m.
Starts September 12, 2017

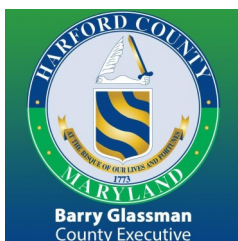
Cost: \$5.00 per class or ask about the Discount Clip Card (10 classes for \$40)
Ages: 12 and over can participate
Please bring a mat and toning sticks (dumbbells)

Ditch the workout and join the Party!

Contact: Charrissa Stancell
charrissa@verizon.net
(cell)443-528-8916
Recreation office-410-638-3853

Belcamp Recreation Council
Parks and Recreation Office
111 Glenville Road
Churchville, MD 21028

~ ~ See reverse for registration form ~ ~



Belcamp Recreation Council/Committee

REGISTRATION FORM

Participant Name_____

Address:_____

City/State/Zip:_____

Home Phone:_____ Work Phone:_____

Cell phone:_____ Email Address:_____

Participant Date of Birth:_____ Male or Female (please circle)

Played Before: Yes or No (please circle)

In case of emergency, please notify:

Name:_____ Phone:_____

Any physical conditions or allergies:_____

Registration Fee: \$_____ Ck#_____ Cash_____

Please pay by check whenever possible
Make checks payable to Belcamp Recreation Council

RELEASE OF LIABILITY

I do hereby expressly agree to release Harford County, Maryland, a body corporate and politic of the State of Maryland, and its elected and appointed officials, agents, officers, and employees, from all liability arising from any harm or injury, including death, sustained by me while participating in this program. I understand that there is an inherent risk involved in any program. I certify, by my signature, that I understand this and agree. I also certify that my child is physically capable of participating. I will make the instructors aware of any allergies and/or medical problems. By my signature I acknowledge my understanding of the Concussion Information, SB771/HB858, which requires that all parents/guardians and athletes be made aware of the dangers a concussion may have on an athlete. This can be found at the Center for Disease Control, www.cdc.gov/headsup/youthsports/index.html. Also the Sudden Cardiac Arrest, HB 427, which requires that all parents and athletes be made aware of the dangers that sudden cardiac arrest may have on an athlete, found at www.nhlbi.nih.gov/health/health-topics/topics/scda. Further information on both can be found by calling 1-800-232-4636.

Participant Signature:_____